### Unifrog Year 11 Summer Activities – Just click the Unifrog icon to access the activity



## Year 11 Summer Activities

### **Exploring careers**

In this activity you will learn about a variety of aspects of different careers whilst becoming more familiar with the Careers library.



# Discover your skills and interests

In this activity you will learn more about the different competencies they possess and are more aware of how to best explain them.



#### World of work

In this activity you will develop your understanding of employment rights and entitlements for young people.



## Wellbeing

In this activity you will explore mental health and the importance of self-care. You will be aware of where to find support, be that at home, school, or from a recommended organisation.