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|  | **Half term points** | | | | | |
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| **AUTUMN 1** | **AUTUMN 2** | **SPRING 1** | **SPRING 2** | **SUMMER 1** | **SUMMER 2** |
| **Netball**  **Physical Me and Thinking Me** | **Table Tennis**  **Physical Me and Thinking Me** | **Badminton**  **Social Me and Healthy Me** | **Football**  **Physical Me and Thinking Me** | **Athletics**  **Social Me and Healthy Me** | **Striking and Fielding**  **Social Me and Physical Me** |
| **Key skills and knowledge assessed:**   * Developing ability to choose and apply complex skills and techniques that are suited to game situations demonstrating accuracy, fluency, consistency and quality. * Ability to plan and adapt team and individual tactics, varying them as the need arises * Knowledge of how to evaluate strengths and weaknesses in their own and others performance | **Key skills and knowledge assessed:**   * Developing knowledge and understanding of how to demonstrate basic shots within table tennis * Developing understanding and ability to lead a full table tennis related warm up and a skill practice * Increasing knowledge of how to successfully implement the rules of table tennis during a competitive game, whilst undertaking the role of an official. | **Key skills and knowledge assessed:**   * Further development of shots used within badminton and practical application during isolated, conditioned and competitive practices * Developing knowledge of tactics within badminton and how these can be used to outwit an opponent during competitive situations | **Key skills and knowledge assessed:**   * Developing ability to outwit opponents and teams using strategies for attack whilst combining and replicating developed football skills applying fluency and accuracy. * Implement strategic and tactical decisions based on movement of the ball into space and choice of skill execution * Developing ability to referee/coach, improving communication and decision making skills. | **Key skills and knowledge assessed:**   * Develop and refine athletic skills and accurately replicate techniques to achieve successful outcomes within competition. * Further develop the skills of sprinting, sustained running, jumping and throwing. * Knowledge of the nature of athletic activities and ability to make effective evaluations of strength and weaknesses in own and others performances, using this knowledge to improve performance. | **Key skills and knowledge assessed:**   * Developing the batting technique so that students are able to vary the direction of their shots and implement batting tactics successfully * Developing consistency of the bowling action reducing the number of ‘no ball’ occurrences * Further development of fielding strategies and knowledge of tactics linked to fielding successfully * Increasing knowledge of tactics which can be employed in varying competitive situations. |
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