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|  | **Half term points** |
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| **AUTUMN 1** | **AUTUMN 2** | **SPRING 1** | **SPRING 2** | **SUMMER 1** | **SUMMER 2** |
| **Netball****Physical Me and Thinking Me** | **Table Tennis** **Physical Me and Thinking Me** | **Badminton** **Social Me and Healthy Me** | **Football** **Physical Me and Thinking Me** | **Athletics** **Social Me and Healthy Me** | **Striking and Fielding** **Social Me and Physical Me** |
| **Key skills and knowledge assessed:** * Developing ability to choose and apply complex skills and techniques that are suited to game situations demonstrating accuracy, fluency, consistency and quality.
* Ability to plan and adapt team and individual tactics, varying them as the need arises
* Knowledge of how to evaluate strengths and weaknesses in their own and others performance
 | **Key skills and knowledge assessed:*** Developing knowledge and understanding of how to demonstrate basic shots within table tennis
* Developing understanding and ability to lead a full table tennis related warm up and a skill practice
* Increasing knowledge of how to successfully implement the rules of table tennis during a competitive game, whilst undertaking the role of an official.

  | **Key skills and knowledge assessed:*** Further development of shots used within badminton and practical application during isolated, conditioned and competitive practices
* Developing knowledge of tactics within badminton and how these can be used to outwit an opponent during competitive situations
 | **Key skills and knowledge assessed:*** Developing ability to outwit opponents and teams using strategies for attack whilst combining and replicating developed football skills applying fluency and accuracy.
* Implement strategic and tactical decisions based on movement of the ball into space and choice of skill execution
* Developing ability to referee/coach, improving communication and decision making skills.
 | **Key skills and knowledge assessed:*** Develop and refine athletic skills and accurately replicate techniques to achieve successful outcomes within competition.
* Further develop the skills of sprinting, sustained running, jumping and throwing.
* Knowledge of the nature of athletic activities and ability to make effective evaluations of strength and weaknesses in own and others performances, using this knowledge to improve performance.
 | **Key skills and knowledge assessed:*** Developing the batting technique so that students are able to vary the direction of their shots and implement batting tactics successfully
* Developing consistency of the bowling action reducing the number of ‘no ball’ occurrences
* Further development of fielding strategies and knowledge of tactics linked to fielding successfully
* Increasing knowledge of tactics which can be employed in varying competitive situations.
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