# Lunch Menu w/c 3rd November 2025

Note: For information on allergens, please consult the sheet in your menu folder at the back. If you have any questions, please ask a member of staff.

The restaurant is open for lunch on Wednesday, Thursday and Friday this week.

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### STARTERS (£2.95)

Soup of the day (v, gf)

Prawn Cocktail (csn, gf)

Juicey prawns set on a bed of lettuce with marie rose sauce

(Both starters are served with a warm bread roll)

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## MAIN COURSES (£6.50)

Chicken Chasseur (gf,mk)

Chicken breast braised with tomatoes, onions, mushrooms and tarragon

Salmon Supreme (fh, gf, mk)

Served with a white wine sauce

(Both above served with new potatoes, carrot and swede mash and broccoli)

Spinach and mushroom lasagne (ccg, v,mk)

Served with garlic bread

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## DESSERTS (£2.95)

Vanilla panna cotta (v,gf,mk) Served with Mango Coulis

Apple Crumble (v, ccg, mk)

Served with custard.

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Allergy abbreviations: CLY-Celery, CCG-Cereals containing gluten, CSN- Crustaceans, EG- Egg, FH- Fish, LN- Lupin, MK-Milk, MLS- Molluscs, MSD- Mustard, NS- Nuts, PNTS- Peanuts, SMSS- Sesame seeds, SYA- Soya, SDE- Sulphur dioxide, GF- Gluten free. Other Codes; V- Vegetarian, VN- Vegan

#### TO MAKE A RESERVATION

Send an email to fifthonfourth@thekingscofeacademy.org Call on 01782 794064

Reservations should be made at least 24 hours in advance.

This menu is also available as a takeaway. Prices will be Starter: £2.95 Main: £5.95 Dessert: £2.95. Please advise on booking if you would like your meals hot or cold. Served between 11.30 - 14.00.

