

## Lunch Menu w/c 12th January 2026

*Note: For information on allergens, please consult the sheet in your menu folder at the back.  
If you have any questions, please ask a member of staff.*

The restaurant is open for lunch on Wednesday, Thursday and Friday this week.

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### STARTERS (£2.95)

Soup of the day (v, gf)

Smoked Trout & horseradish pate (fh, mk)

Served with toasted ciabatta (ccg)

*(Both starters are served with a warm bread roll)*

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### MAIN COURSES (£6.50)

Creamy garlic Chicken breast (gf, mk)

Served with long grain rice and mixed leaf salad

Grilled Seabass (fh, gf)

Served with new potatoes and ratatouille

Spicy root vegetable and lentil casserole (v, mk, gf)

Served with nan bread (ccg)

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### DESSERTS (£2.95)

Chocolate Fudge cake (v, ccg, mk, eg)

Served warm with cream or ice cream

Baked Apple (v, mk, gf)

Served with vanilla Ice cream

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Allergy abbreviations: CLY- Celery, CCG- Cereals containing gluten, CSN- Crustaceans, EG- Egg, FH- Fish, LN- Lupin, MK- Milk, MLS- Molluscs, MSD- Mustard, NS- Nuts, PNTS- Peanuts, SMSS- Sesame seeds, SYA- Soya, SDE- Sulphur dioxide, GF- Gluten free. Other Codes; V- Vegetarian, VN- Vegan

### TO MAKE A RESERVATION

Send an email to [fifthonfourth@thekingscofeacademy.org](mailto:fifthonfourth@thekingscofeacademy.org)

Call on

01782 794064

Reservations should be made at least 24 hours in advance.

This menu is also available as a takeaway. Prices will be Starter: £2.95 Main: £5.95 Dessert: £2.95.  
Please advise on booking if you would like your meals hot or cold. Served between 11.30 – 14.00.



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