

## Lunch Menu w/c 13<sup>th</sup> October 2025

*Note: For information on allergens, please consult the sheet in your menu folder at the back.  
If you have any questions, please ask a member of staff.*

The restaurant is open for lunch on Wednesday Thursday and Friday this week.

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### STARTERS (£2.95)

Soup of the day (v, gf)

Crispy duck spring rolls (ccg)

Served with hoisin sauce

*(Both starters are served with a warm bread roll)*

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### MAIN COURSES (£6.50)

Glazed gammon (gf,msd)

Served with cider and parsley sauce (ccg,mk)

Battered Fish and home made chips (fh, ccg)

Served with mushy peas and tartar sauce

Stuffed peppers (gf, v,mk)

With a creamy tomato sauce, Stuffed with rice and vegetables with mint yogurt on the side,  
Served with a side salad

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### DESSERTS (£2.95)

Apple and Cinnamon sponge (mk, v, ccg)

Served with custard

Rice pudding ( v, gf, mk)

Served with strawberry jam

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Allergy abbreviations: CLY- Celery, CCG- Cereals containing gluten, CSN- Crustaceans, EG- Egg, FH- Fish, LN- Lupin,  
MK- Milk, MLS- Molluscs, MSD- Mustard, NS- Nuts, PNTS- Peanuts, SMSS- Sesame seeds, SYA- Soya,  
SDE- Sulphur dioxide, GF- Gluten free. Other Codes; V- Vegetarian, VN- Vegan

### TO MAKE A RESERVATION

Send an email to [fifthonfourth@thekingscofeacademy.org](mailto:fifthonfourth@thekingscofeacademy.org)

Call on

01782 794064

Reservations should be made at least 24 hours in advance.

This menu is also available as a takeaway. Prices will be Starter: £2.95 Main: £5.95 Dessert: £2.95.  
Please advise on booking if you would like your meals hot or cold. Served between 11.30 – 14.00.



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