Year 7					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Enquiry Question					
Health and Wellbeing: How to transition and be safe at The Kings Academy? 	Living in the Wider World: Careers	Relationships: How to build relationships 	Health and Wellbeing: Health and Puberty	Relationships: What is diversity and how does it affect me? 	Living in the Wider World: Media Literacy
Knowledge					
Transition to secondary school and personal safety in and outside school, including first aid.	Careers, teamwork and raising aspirations.	Understanding self-worth, romance and friendships (including online) and relationship boundaries, bullying and unwanted contact.	Importance of healthy routines, influences on our health, puberty and FGM.	Diversity, prejudice and the importance British values.	Keeping safe online, digital literacy and media reliability.
Lessons					
1. What do we mean by the term transition? 2. How can I establish and manage friendships? 3. What are the basics of First Aid? **4.** What to do in an emergency First Aid?	1. What is my dream job? 2. What are careers? 3. What is an entrepreneur? 4. Careers in the Future.	1. Can I identify healthy and unhealthy relationship behaviours? 2. What is bullying and what impact does it have? 3. What are different communication styles and their likely impacts? 4. What is Consent?	1. Why is personal Hygiene important? 2. Puberty Girls 3. Puberty Boys 4. FGM	1. How do stereotypes relate to acts of prejudice and discrimination? 2. How can I challenge prejudice, stereotypes and discrimination? 3. Why are the 5 British Values important	1. What is media literacy? 2. Fake or Fiction Media Literacy and the news. **3.** How to stay safe and set boundaries online.

Year 8					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Enquiry Question					
Health and Wellbeing: Emotional Wellbeing what does it mean to you? 	Relationships: How can I promote a healthy positive relationship? 	Living in the Wider World: What is my inspirational potential? Careers	Health and Wellbeing: what are the dangerous surrounding drugs and alcohol?	Relationships: what are the different forms of discrimination? 	Living in the Wider World: Financial Literacy
Knowledge					
Emotional wellbeing and mental health including body image and coping strategies.	Gender identity, sexual orientation, consent and inappropriate messages.	Equal opportunities in careers and the different types of work and patterns there are.	Drugs and alcohol misuse and the pressures relating to them.	Discrimination in all its forms (including racism, discrimination of: religion, disability, sexual orientation and gender) and extremism.	Saving, borrowing, budgeting and making financial choices.
Lessons					
1. What is Mental Health? 2. How can we manage our emotions? 3. How can I boost my self-worth and confidence? 4. Healthy eating and eating disorders	1. What influences my relationships? 2. How do I avoid assumptions when dealing with consent? 3. What are the differences between sexual orientations and gender identity? **4.** What is inappropriate messaging?	1. Inspirational Careers 2. Step into the NHS 3. Step into the NHS 4. Step into the NHS presentations and oracy	1. Energy drinks 2. What does smoking and vaping do to you? 3. Alcohol awareness 4. What damage does alcohol do to you physically, socially and mentally?	1. What is discrimination? 2. What is racism? 3. What is extremism and radicalisation? 4. What is Homophobia?	1. How can we budget our money? 2. Saving, Loans and interest rates 3. What are different financial products? 4. What are different financial transactions?

Year 9					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Enquiry Question					
Relationships: How can I show respect towards relationships? 	Health and Wellbeing: How can I improve my confidence? 	Living in the Wider World: Community interactions	Health and Wellbeing: What is peer influence? 	Relationships: What do we mean by consent? 	Living in the Wider World: Finances and Careers.
Knowledge					
Respectful relationships, families and parenting, healthy relationships, conflict resolution and relationship changes.	Mental health and emotional wellbeing, including grief, body images and coping strategies.	Understanding the world, community cohesion and challenging hate crime, extremism and racism	Peer influence, substance use and gangs, healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation.	Intimate relationships and sex education including consent, contraception, risks of STIs, and sexual harassment.	Financial literacy within careers and career pathways.
Lessons					
1. How does parenting separation & divorce affect people? 2. What is the difference between fostering and adoption? 3. What makes someone homeless?	1. How to deal with grief and loss? 2. How does self-esteem change? 3. Do I live a healthy lifestyle?	1. What is a hate crime? 2. Who is a part of our local community and nation? 3. Challenging extremism and racism	1. Gangs 2. How can I leave a gang? **3.** Drugs 4. Vaping	1. What do we mean by a committed, stable relationship? 2. Do I know the law around consent? 3. Sexual Harassment, up skirting and Stalking 4. What is contraception for? STIs and Condoms	1. How do I want my future to look? **2.** Why is financial literacy so important? 3. Working and earning money



Opportunities for Spiritual development