Date – Week Beginning	Year 7	Year 8	Year 9	Year 10	Year 11
1st September	What is RSHE?	Goals and Aspirations	Goals and Aspirations	Goals and Aspirations	Goals and Aspirations
8th September	Ground rules	EL - empathy	Young carers	Young carers	Importance of sleep
15th September	Healthy homes	EL – self awareness	Young carers	Young carers	Time management
22nd September	EL resilience	EL – self regulation	FL – what is tax	ML – who is the media?	Gambling Addiction
29th September	EL resilience	EL – motivation	FL – how is tax used?	ML - what is misinformation?	Gambling vs Gaming
6th October	NSPCC kindness challenge	NSPCC kindness challenge	NSPCC kindness challenge	NSPCC kindness challenge	NSPCC kindness challenge
13th October	Friendship fall out and bullying – what is the difference?	EL – effective communication	FL – Charities	ML – how does the media influence us?	What to expect at open evenings
20th October History Dept	BHM	BHM	BHM	BHM	BHM
Half term					
3rd November Awright	Green careers week	Green careers week	Green Careers week	Green Careers week	Green Careers week
10th November	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying
17th November	Road Safety	Road Safety	Road Safety	Road Safety	Road Safety
24th November	Movember	Movember -	Movember	Movember	Movember
1st December	EL resilience strategies	Young carers	Disability awareness	Hate crime	Disability awareness
8th December	EL resilience strategies	Young carers	Neurodiversity awareness	Binge drinking	Neurodiversity awareness
15th December	Reflection of 2026	Reflection of 2026	Reflection of 2026	Reflection of 2026	Reflection of 2026

5th January	Safety - water	Social media dangers	Option pathways	Social media addiction	Understanding British politics
12th January	Safety – rail	Social media and boundaries	Careers pathways	Problems with social media	Why should we vote?
19th January	Safety – phone	Keeping safe online	Apprenticeships	Keeping safe online	The difference between Parliament and government
26th January Hist Dept	HMD	HMD	HMD	HMD	HMD
2nd February	Children's mental health	Children's mental health	Children's mental health	Children's mental health	Children's mental health
9th February IT Dept	Safer internet	Safer internet	Safer internet	Safer internet	Safer internet
23rd February	EL – worry	Grace & Tolerance	Criminal Justice System	Cosmetic and aesthetic body alterations	FL – understanding pay slips
2nd March	EL – worry or anxiety	Thankfulness & Respect	The Police Service	Body image and social media	FL – inflation and cost of living
9th March	EL – worry strategies	Trust & Democracy	The Probation Service	Tattoos and body piercings	FL – different kinds of credit
16th March	EL – excitement	Justice & Rule of Law	Anti-Social Behaviour	Organ donation	FL – renting / mortgages
23rd March	EL – expressing excitement	Aspiration, Celebration & Liberty	Anti-Social Behaviour and its consequences	Stem cell & Blood donation	FL – how will FL support me in my next steps?
13th April	EL - Anger	HPV vaccine	First aid – CPR and Defib	AI – How does it shape our choices?	Exam stress signs
20th April	EL – anger strategies	AI – what is AI?	First aid – Diabetes	AI – future- proofing our careers and digital identities	Preventing burnout

27th April	EL – I statements	AI as a learning tool	First aid – EpiPen and Allergies	AI – Are our goals shaped by the scroll?	Exam stress support
4th May	EL - stress	AI – the ethics	Revision strategies	Revision strategies	[redacted]
11th May	EL – stress	AI – how accurate is it?	Revision strategies	Revision strategies	
18th May	EL – Emotions and Oracy	AI – how can I be safe using AI?	Exam stress	Exam stress	
1st June	FL – mindset creation	FL – mindsets developed	ML - who are the media?	Preparing for work experience – oracy skills	[redacted]
8th June	FL – needs vs wants	FL – what are banks?	ML - misinformation	Preparing for work experience - wellbeing	
15th June	FL – importance of budgeting	FL – what is the role of the Bank of England	ML - reputable sites for news	Preparing for work experience – health and safety	
22nd June	FL – what is better value	FL – spotting scams	ML - AI and the media	Preparing for work experience – what to expect	
29th June	FL – different ways to pay	FL – staying scam safe	ML - how will it help me in the future	WEX	
7th July	Reflections of 2027	FL – how will it help me in the future	Reflections of 2027	What to expect in Year 11	
13th July	Reflections of 2027	Reflections of 2027	Reflections of 2027	Reflections of 2027	