



Aspire



Belong



Care

8th May 2026

Issue #14

A message from our Principal, Mrs Postlethwaite...

As we begin the examination season, we hold our Year 11 students particularly close in our thoughts and prayers. These coming weeks represent the culmination of five years of hard work, perseverance and personal growth. Each lesson attended, revision session completed and challenge overcome has helped prepare them for this important moment in their journey.

Examinations can understandably bring pressure and uncertainty, but they are also an opportunity for our students to demonstrate the resilience, determination and character they have developed throughout their time with us. We are immensely proud of the maturity and commitment our Year 11 cohort has shown already, and we encourage them to approach each day with confidence and courage.

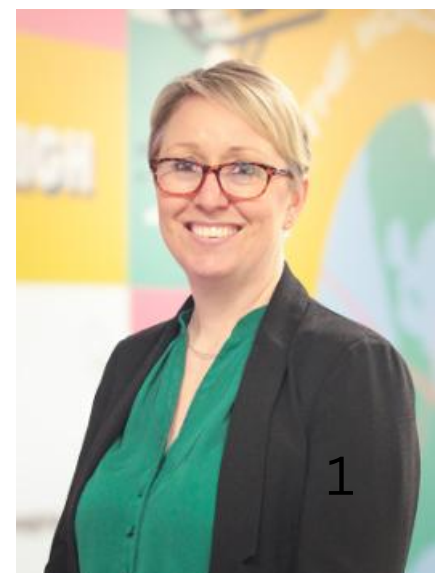
At this time of year, as the brighter weather begins to emerge and the days grow longer, we are reminded of the hope and renewal that comes with perseverance. There is a wonderful encouragement in the words of Galatians 6:9:

“Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.”

This passage feels especially fitting for our students as they now begin to see the rewards of their dedication and effort. Success is built steadily over time, often through determination shown on ordinary days, and these examinations are part of that harvest.

We thank our families and staff for the unwavering support they continue to provide our students during this important period. Together, we pray for calm minds, strength and wisdom for all of our Year 11 pupils in the weeks ahead.

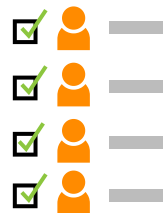
- 8 May- GCSE Exams start
- 18 May- Year 7 York Camp trip
- 25 May- 29th May- Half term holiday
- 8 June- CF Awareness week
- 15 June- Year 11 Leavers assembly
- 3 July- Year 11 Prom
- 17 July- Last day of term



Attendance



ATTENDANCE



Spotlight on The Attendance Team

Mr Worthington

Assistant Principal & Attendance Champion



Mrs Beswick-Pepper

Attendance & Welfare Officer



Mrs Thorne

Home School Link Worker



Year 7

A Great Team Effort!

94.1%

KEEP MOVING FORWARD

Year 8

A Great Team Effort!

95%

WELL DONE!

Year 9

Come on we can improve!

90%

Year 10

We need to improve!

87.8%

YOU ARE CAPABLE

Year 11

Come on we can improve!

88.2%

Make IT HAPPEN



ATTENDANCE LADDER



Aspire



Belong



Care



Safeguarding



Supporting Families: Child Criminal Exploitation Awareness

As a school, we work closely with a range of support services, including the police and organisations such as Action for Children, to help safeguard and support our students and families.

This month, Action for Children has secured National Lottery funding to provide targeted support around child criminal exploitation. This will help strengthen the advice, guidance, and practical support available to young people and families who may be affected.

Signs of Possible Child Criminal Exploitation

We encourage all parents and carers to stay alert to changes in their child's behaviour and to contact the school if they have any concerns. Possible indicators may include:

- Sudden changes in friendship groups or new associations that raise concern.
- Noticeable shifts in behaviour, such as becoming more withdrawn, secretive, or unusually aggressive, or instances of going missing.
- Difficulties in school, including frequent absences, truancy, or increased disciplinary issues.
- Possession of unexplained money, gifts, or new belongings.
- Unexplained injuries.
- Being collected by, or travelling with, unfamiliar adults, particularly in vehicles you do not recognise.

Support for Parents and Carers

For further advice and guidance, parents and carers may find support through Action for Children's Parent Talk service:

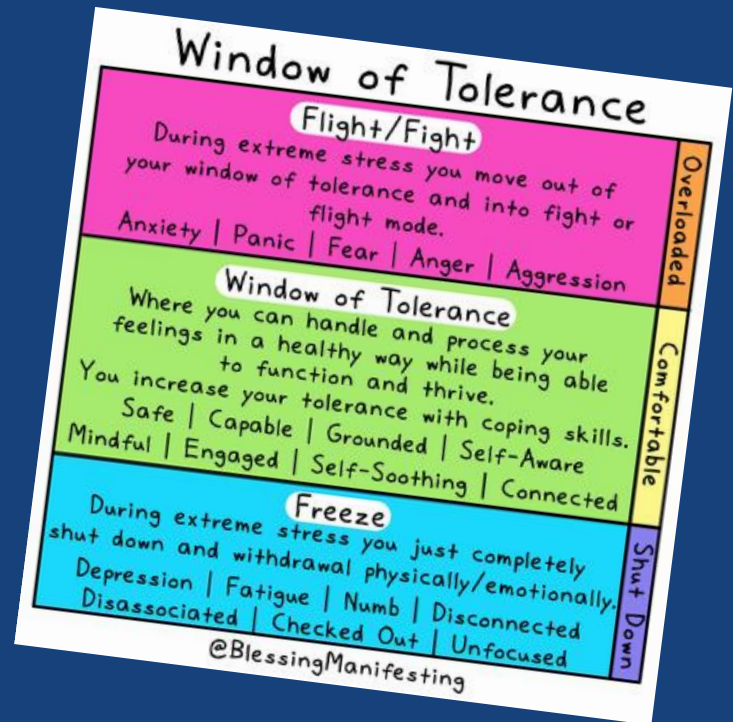
<https://parents.actionforchildren.org.uk/?s=exploitation>

If you have any concerns or would like to discuss anything further, please contact the school's safeguarding team.

We are here to support you and your child.



SEND Support—Meet the Team



Hello, my name is Miss K Cooper, and I am proud to be a Teaching Assistant at King's C of E Academy.

I have worked in education for 8 years, beginning my journey completing my training in a local primary school, where I remained for four years. I then joined King's C of E Academy, where I have continued supporting children for the past four years.

During my time in school, my role has developed to include supporting pupils not only academically but also socially and emotionally. I am passionate about being a safe, trusted adult that children feel comfortable approaching if they are worried, confused, or simply need someone to talk to.

I support children using the Thrive Approach, a nurturing approach that focuses on children's emotional wellbeing and development. Thrive helps us understand that behaviour is often a form of communication and ensures children receive the right support.

- understand and manage their emotions
- build confidence and resilience
- develop positive relationships
- feel safe, valued, and ready to learn

My role involves working with children both inside and outside the classroom, offering:

- one-to-one emotional support
- small group Thrive sessions
- opportunities for children to talk, reflect, and regulate their feelings
- a calm and supportive space within school

I feel very privileged to work closely with our children and to support their wellbeing alongside their learning. I look forward to continuing to work with families to help every child feel happy, supported, and able to thrive.

Miss K Cooper

Teaching Assistant & Thrive Practitioner



Christian Distinctiveness

As a school community, we are approaching the important Christian celebration of Ascension Day, which this year falls on Thursday 14th May. Throughout the week, students and staff will take time to pause, reflect and consider the meaning of this significant event within the Christian calendar.

Ascension Day marks the moment when Christians believe Jesus returned to Heaven, forty days after His resurrection at Easter. It is a time of hope, promise and reflection, reminding Christians of themes such as faith, purpose, courage and service to others.

At The King's, Christian Distinctiveness is woven through school life and encourages all members of our community to reflect on values, character and the importance of treating others with dignity and kindness, regardless of background or belief.

As we move towards Ascension Day, we encourage students to take a moment to reflect on:

What gives them hope

How they can support others

The difference they want to make within our community

"Be strong and courageous. Do not be afraid; do not be discouraged." – Joshua 1:9

"I am with you always, to the very end of
the age."

Matthew 28:20

Enrichment



Monday	Tuesday	Wednesday	Thursday	Friday
Football Whole School	Music coursework catchup Year 11	Rounders Whole school	Samba Band Year 7, 8, 9	Football Year 7 and 8
GCSE Science Drop-in Year 10 and 11	English Master class Year 11 set 3	Football - Year 9, 10 and 11	Jam Session Year 10 and 11	Chess and Board Games Club Whole School
GCSE Science Higher tier Masterclass Year 10 and 11	Christian Union Whole school	Choir - Year 9, 10 and 11	Spiritual Quiet Space Whole School	Creative Writing Whole School
IT-4 ENG Masterclass	Badminton	English Masterclass - 11 set 2	KS4 Art Masterclass	English Masterclass 11 Set 6
Nail Art Club Limited to 8 students in Yr 8 and 9	Badminton 16 Students max	English Masterclass- 11 set 1	Pioneers Year 7,8,9	KS4 Art Masterclass Year 10 and 11
India drop in Year 9 students going to India		English Masterclass 11 set 5	Musical Drama Group Whole School	KS4 Art Masterclass Year 10 and 11
Rotary		English Masterclass 11 h2	GCSE Science foundation class Year 10 and 11	
IT Masterclass Year 11	IT Masterclass Year 10	School biodiversity club Whole School		After school 15.05
Enterprise Masterclass Year 11		KS4 Art Masterclass Yr 10 and 11		Lunch 13.20
Computing Masterclass - Yr 11	Humanities games and support club Whole school	Mindful Colouring Club Whole school		
KS4 Art Masterclass- Yr 10 and 11	KS4 Art - Year 10 and 11	KS3 Science club WEEK A ONLY		
KS4 Art Masterclass Year 10 and 11				



Year 7 Boys Football



The Year 7 boys football team have made an excellent start to their Newcastle District fixtures over the last couple of weeks, showing fantastic commitment, teamwork and determination.

A special congratulations goes to the team for their excellent 1-0 victory against Chesterton last week, with Rhys S scoring the winning goal. It was a brilliant team performance, with every player contributing through hard work, effort and resilience from start to finish. We look forward to following their continued success throughout the rest of the season!



Home-School Links

Upcoming Exams..

How to support your children during the upcoming exam period

- Create a calm, structured environment
- Focus on effort not just results
- Keep communication open (but low pressure)
- Encourage breaks and balance
- Watch for signs of burn out



Mind website has tips for looking after your wellbeing, for 11-18 year olds.

On the website you will find ways to look after your wellbeing including animations with ways to connect with your senses and pause, as well as videos where young people share ways they look after their wellbeing using journalling, music, and setting boundaries when using social media.

[Tips for your mental wellbeing - for 11-18 year olds | Mind](#)

Why not focus on one good thing that happened to you today.

Noticing small wins can help us to feel better.

Click video clip or watch on YouTube: [Wait, wait, wait. Take a moment and breathe | #mindcharity #mentalhealth #shorts - YouTube](#)



BITESIZE

The **Bitesize Parenting Teens Podcast** is about navigating life as the parent of a teenager. Actor and comedian Kerry Godliman hosts a different celebrity guest each episode. Kerry Godliman says: "Exam season can feel intense for the whole family. As a parent, you want to help, but it is not always clear how to do that without adding more pressure. This podcast is about honest conversations and helping parents feel less alone." Other episodes include: How does SEND affect schooling? and Helping teenagers find their path.

Find out more and how to access the podcast: [Parenting Teens: How can I support my teen with exams and revision? - BBC Bitesize](#)

Mrs Perry

English



Students have continued preparing for their upcoming exams through focused revision lessons and retrieval activities in class. To support your child's learning at home, we encourage students to regularly practise key poetry quotations, character themes and important vocabulary, alongside revisiting their class notes and revision materials.

Small amounts of regular revision can make a significant difference in building confidence ahead of exams. We would also encourage students to continue reading regularly and practising extended written responses where possible.

We would like to thank parents and carers for their continued support during this important period.

'marks of weakness,
marks of woe'

'A heart - how shall I
say? -
too soon made glad'

'carving out
me own identity'

'his bloody life in my
bloody hands'

Mrs Wilson

Science



Year 9 Zoo Chester Zoo Trip!

This week saw the year 9's go on a trip to Chester zoo! As well as enrichment the year group got to see how their ecology topic related to real life! They were able to see how species became adapted to their habitats, how humans have impacted on the environment and wildlife and how Chester Zoo run their conservation projects.

A lot of fun was had by all involved and there was even opportunities to see lots of careers ideas!



Educake
The King's!
Massive well done to year 11 who are smashing it out of the park!

- Yr11 Finely B
- Yr11 Sophie G
- Yr11 Oliver E

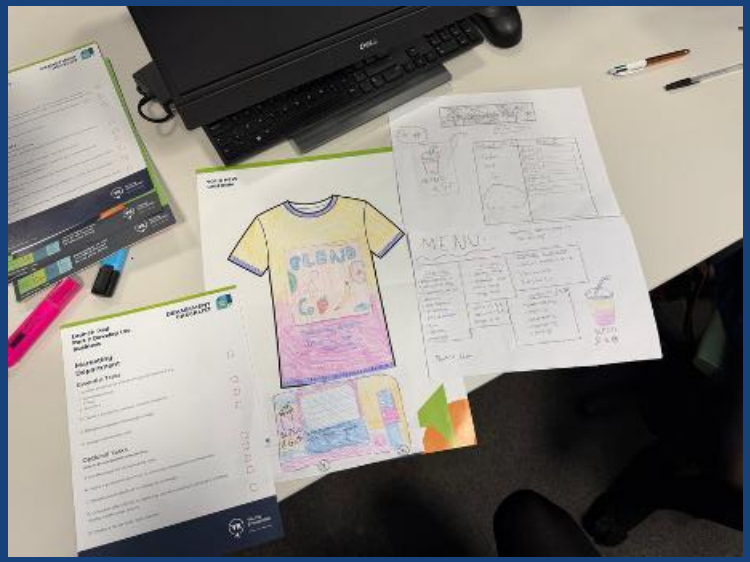
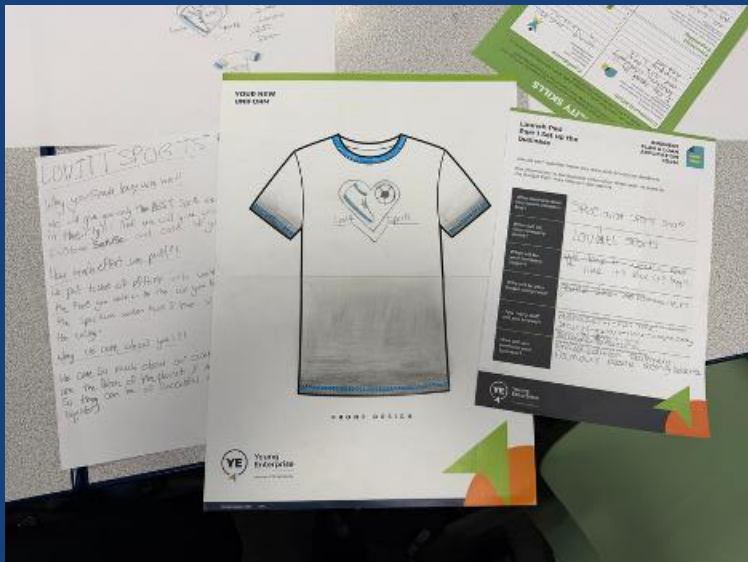
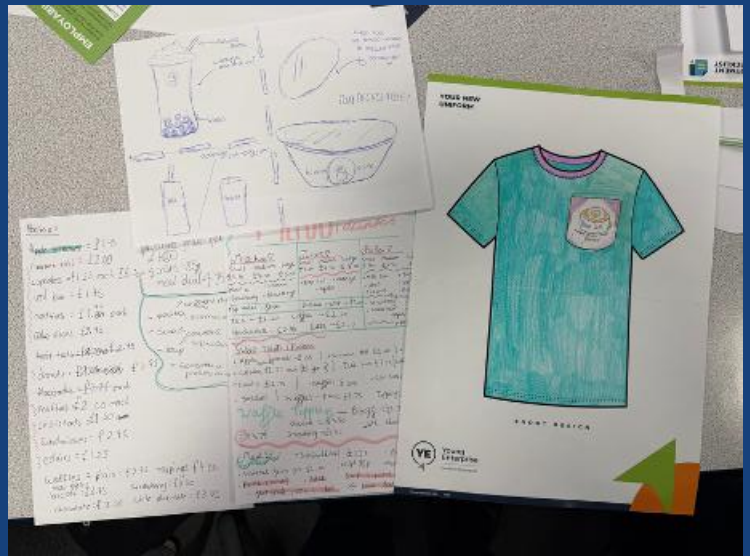


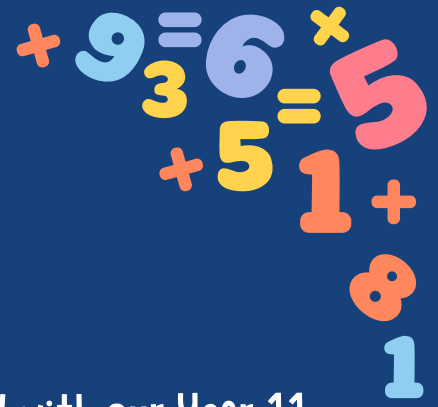
<u>KS4 Science Study Support Sessions</u>		
KS4 Drop-in - come with a question!	Monday Lunchtimes	3.11
KS4 Higher tier Masterclass	Monday After school (3.15-4)	3.11
KS4 Foundation tier Masterclass	Thursday Lunchtime	3.89



Enterprise & Marketing

Year 9 students who have opted for Enterprise & Marketing took part in the Young Enterprise challenge via Ignite. A variety of activities were involved such as teamwork challenge, a personality quiz and then a range of business-based challenges including a budget for their business, marketing designs, pricing and target market. The day was finished with a Dragon Den style presentation from each team.



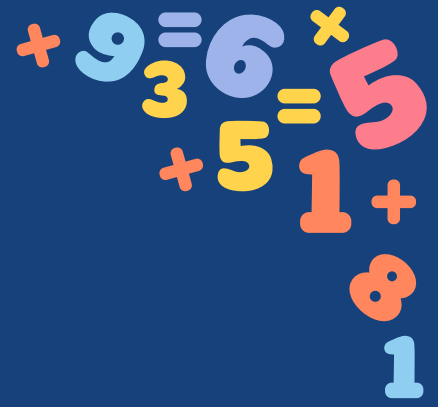


Maths

Our Maths department has been working incredibly hard with our Year 11 students in preparation for their upcoming exams. Staff have been focusing on finalising exam techniques, building students' confidence and ensuring a secure understanding of key mathematical concepts across all topics.

Students have shown great commitment during revision sessions, intervention lessons and in class, working hard to develop their problem-solving skills and apply their knowledge effectively under exam conditions. We are extremely proud of the determination and resilience they have shown throughout this important period and wish all students the very best of luck in their exams.





Junior Maths Challenge 2026

The Results are in! We had 72 fantastic students in Year 7 and Year 8 who took part - we were so proud of their attitude and behaviour throughout the challenge. All students have received a certificate recognising their participation and effort in this prestigious challenge.

27 students were awarded a bronze, silver or gold certificate and should be hugely proud of their achievements - please join us in celebrating with those named below.

Gold: Daniel, Zac and Lewis

Silver: Jude, Polina, Riley, Dylan, Matilda, Brendon, Ryleigh, Kalina and Dominika

Bronze: Savannah, Amelia, Phoebe, Keigan, Alice, Sebastian, Millie, Matthew, Lacie-Mae, Jonah, Maisie, Oliver, Amy, Noah, Olivia

Three of our students have progressed to further competitions:

Zac and Lewis will be taking part in the Junior Maths Kangaroo.

Daniel will be taking part in the Junior Maths Olympiad.

These will both take place on Tuesday June 9th.

Performing Arts

Why is Drama important?

A lot of the time, students find performing in front of others really scary and it makes them build a barrier where they think "I can't do it".

Not everybody likes standing up in front of others. As teachers, we also find it difficult sometimes.

Below are some reasons why we study Drama and some tips and tricks to help you prepare for your Drama lesson.

Skills you learn from studying drama



Public speaking



Personal confidence



Creative thinking



Improvisation



Cultural awareness



Communication skills



Empathy



Critical analysis

Miss Richardson's Guide to feeling comfortable in Drama:

- Treat every lesson like a fresh start. If you are uncertain about what we will be doing, then make sure to come and ask me during the week and I can prepare you for the lesson.
- Speak to your friends in the class about it. I will always let you work with someone you feel comfortable with. It might be worth working with someone who is not feeling worried about the lesson.
- If you are really struggling that lesson, either ask for the class to turn around whilst performing, or speak to me about it. I can't help if I don't know

Wellbeing Hub



Northwood Athletics Success

A huge congratulations to all of the students who represented the school at the Senior District Athletics Competition at Northwood Stadium on 24th April. Students from Years 9, 10 and 11 competed brilliantly throughout the day, showing outstanding determination, resilience and teamwork against strong competition from schools across the district.

We are extremely proud of the successes achieved:

- 🏆 1 Max B (Year 11) – Gold Medal in Discus
- 🏆 2 James S (Year 11) – Silver Medal in Shot Put
- 🏆 2 Nnenna A (Year 11) – Silver Medal in Shot Put
- 🏆 2 Ava S (Year 9) – Silver Medal in the 100m
- 🏆 3 Ella S (Year 9) – Bronze Medal in the 1500m
- 🏆 3 Year 10 Boys – Bronze Medal in the 4 x 100m Relay
- 🏆 1 Amelia S (Year 9) – First Place in her 300m Time Trial

Alongside these fantastic performances, students were a real credit to the school throughout the event. Their behaviour, attitude and engagement were exceptional, with students supporting one another, encouraging teammates and demonstrating excellent sportsmanship from start to finish. competitions!



Humanities



Today at The King's, we celebrate

David Attenborough's 100th Birthday!

From the depths of our oceans to the farthest reaches of our planet, Sir David Attenborough has spent his life showing us the beauty of nature and the importance of protecting it.

Through his **storytelling**, **curiosity** and **compassion**, he has inspired generations to care, to act and to make a **difference**.

*A lifetime of wonder.
A legacy for our world.*

David Attenborough's Amazing Achievements

- Pioneered wildlife documentaries that brought our planet into our homes.
- Raised global awareness about conservation and climate change.
- Inspired action for nature and the environment for over 70 years.
- A voice of hope, reminding us that every one of us can make a difference.



We will be celebrating by:



100 Fact Find Hunt

Hidden Sir David Attenborough facts are placed around the school. Find one and take it to a member of the Geography Team — Miss Sharrock, Mrs Kelly, Mrs Danks or Mrs Smith — to receive a **sweet treat**.

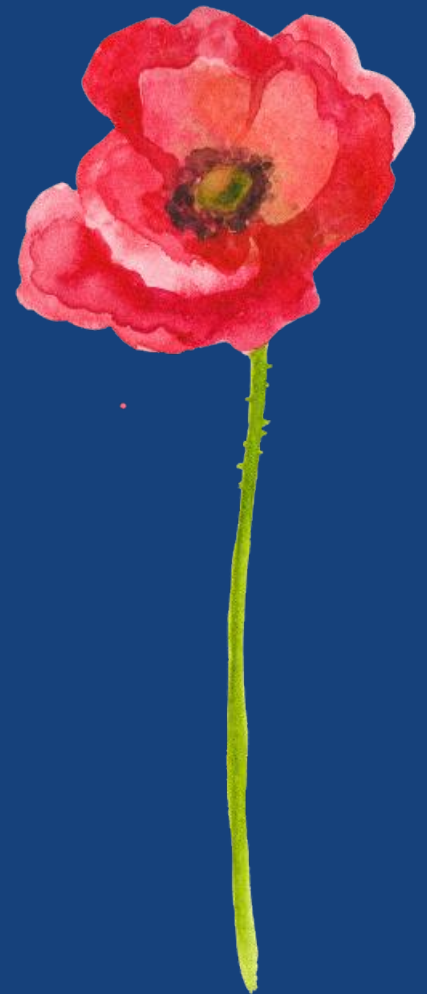


Birthday Message Wall

Write a birthday message or appreciation note on a **post-it** and add it to the **Sir David Attenborough** display outside **Room 2.4**.

Thank you, Sir David, for helping us see our world with wonder, and reminding us to protect it for the future.

HAPPY 100TH BIRTHDAY!



Today, we take a moment to pause and reflect on VE Day, a defining moment in history that marked the end of war in Europe and the beginning of hope, peace and rebuilding for future generations.

We remember with gratitude the courage, sacrifice and resilience of all those who served, and all those whose lives were affected by war. Their legacy continues to shape the values we hold today: unity, compassion and community.

As we look to the future, we do so with appreciation for the freedoms we enjoy and a shared responsibility to build a kinder, more peaceful world for generations to come.

Lest we forget



Design and Technology

Students across the Food Technology department have continued developing their practical cooking skills and food knowledge through a range of exciting dishes this term.

Year 7 students have been exploring healthy breakfast options by making flapjacks and learning about nutritious snack choices.

In Year 8, students are focusing on how fruit can be incorporated into desserts and are developing their skills through making apple crumble.

Year 9 students are learning about raising agents and how they are used in cooking and baking. As part of this topic, they are making pizzas, including creating their own pizza bases from scratch.

Meanwhile, Year 10 students are exploring what makes a complete dish while developing more advanced culinary techniques through creating individual sticky toffee puddings served with caramel sauce and homemade custard.





Creative Arts

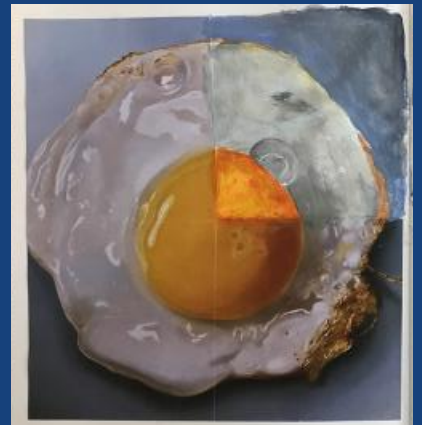


Well done to 9-Gold who have successfully completed a hyper realistic acrylic painting of a food item in the style of Dutch artist Tjalf Sparnaay. Some students have found a new confidence with this medium and were all able to mix colours successfully using blending and layering to apply the paint to their best ability.

Jess and Amelia can be pictured proudly showing their work. On the next page are more examples – can you guess which section is a painting not a photograph?



Creative Arts





Creative Arts



On Thursday and Friday last week, our Year GCSE Art 11 students completed their 10 hour exam. They have all worked so hard over the last few weeks preparing for this and the work produced was outstanding. Miss Pattinson is very proud of you all and wishes everyone the best of luck in all future exams too!



Careers

Earlier this week, a number of our students had the fantastic opportunity to attend a work experience event at JCB. Throughout the day, students took part in a range of engaging activities including problem solving and critical thinking challenges, robot building and a tour of the facilities.

Staff at JCB commented on how incredibly well behaved, respectful and engaged our students were throughout the visit. Their attitude, maturity and enthusiasm were outstanding, and they were a real credit to the school.

The experience provided students with valuable insight into the world of work, helping them to develop key employability skills and gain a greater understanding of future career pathways. Opportunities such as this are invaluable in supporting students to make meaningful links between education and life beyond school.

We are incredibly proud of all students who attended and would like to thank JCB for providing such an informative and inspiring experience.



Year 7

**Another fantastic week of attendance, uniform,
equipment and behaviour**

**Attendance so far this year now sits at 94.1% (we are
slowly catching Year 8 up!)**

**Remember your Super Six equipment – pen, green pen,
pencil, ruler, calculator and reading book!**

Student shout out!

**Jack G completed the Killer Mile
last night with his brother and
friend. Together they have raised
over £300 for Douglas Macmillan!
Well done Jack and co!**



Year 8

We are incredibly proud to celebrate the achievements of our students both in and out of school this half term.

A huge congratulations to Megan B and her dance team for winning a bronze award at their recent dance competition. This is an amazing achievement and a reflection of Megan's dedication, hard work and commitment. Well done, Megan!

We would also like to give a special shout out to Rory P and Riley H, who have truly embodied our school value of care through their support of elderly members of the community at the local library. Their kindness, compassion and willingness to help others make them excellent role models for our school community.

Thank you to all parents and carers who attended our recent English Watch Me Learn sessions. It was fantastic to see so many families engaging with students' learning and supporting their progress.

Earlier this week, some of our Year 8 students had the fantastic opportunity to attend another work experience visit to JCB. Students took part in a range of engaging activities and gained valuable insight into future careers and the world of work. A huge thank you to Mrs Harnett for continually going above and beyond to organise such valuable and inspiring opportunities for our students.

Finally, a reminder to all Year 8 students to keep striving towards 95% attendance and above. Excellent attendance is vital for success, and we would love to see as many Year 8 students as possible attending the next rewards event!



Mrs Kelly

Year 9

Proud Head of Year

Year 9s have been on a few exciting enrichment activities over the past few weeks. On every single trip members of the public have commented about the behaviour and conduct of the pupils. It fills me with great pride that we are able to enjoy these activities confidently knowing that pupils are recognised by the local public and employers.

Fab 5 and finer details

Equipment is crucial for school, students move from class to class and need to make sure they are prepared for all lessons. As a school we have been supporting with replacing some of these broken or forgotten items. The big item pupils are not comign to school with is a calculator. this is used n more than maths so needs to be with them everyday. Also a bag is needed in school. Can I ask over the weekend you check the equipment and that your child has a bag.

Attendance

Being in school really matters . Research suggestes that pupils with a higher attendance gain greater GCSE outcomes. As we move into year 10 we need to make sure that we are in school. If there are any barriers to this we are happy to support.





Year 10



The King's
CHURCH OF ENGLAND
ACADEMY KIDSGROVE

ATTENDANCE MATTERS

Outstanding Attendance linked to Academic Success

% ATTENDANCE	AVERAGE GCSE GRADE	ENGLISH GRADE	MATHS GRADE
★ Above 95%	5+	5+	5+
👍 90.1%–95%	4	5	5
📈 80.1%–90%	3	3	3
⚠️ 50.1%–80%	2	2	2
❗ 0–50%	0	0	0

EVERY DAY IN SCHOOL COUNTS.
High attendance leads to stronger progress, greater achievement and more opportunities for your future.

ASPIRE
Aim high and achieve your potential

BELONG
Build strong relationships and be part of our community

CARE
Look after yourself and others

Good attendance. Bright futures.
We all have a part to play.

- ★ Be Here
- 📅 Be Ready
- 👥 Belong
- 🏆 Succeed

Year 10 attendance continues to decline significantly and must now become a key area for improvement across the year group. Regular attendance is vital in ensuring students do not miss important learning opportunities, particularly as they begin preparing for their GCSE courses and future examinations. Every lesson matters, and gaps in attendance can quickly impact progress, confidence and achievement. Good attendance also supports students' wellbeing, routines, friendships and preparation for life beyond school. We ask for the continued support of parents and carers in ensuring students attend school every day, arrive on time and are ready to learn. By working together, we can help ensure all students are given the very best opportunity to succeed.



Year 11

A Message from Mr Barber:

As your time here at King's approaches its end and your exams draw near, take a moment to reflect on how far you have come as a year group. Think about the memories you've made, the friendships you've built, and the growth you've shown along the way.

You are part of a year group that is driven, committed, and has truly learned to care for one another. Aspire to be the very best you can be, and carry that strength forward into this next chapter.

I am incredibly proud of you all. As we move into what will sometimes be a stressful time for you all with examinations, remember that I am here to support you every step of the way. I have every confidence that each and every one of you can accomplish great things.



Managing EXAM STRESS

It's normal to feel pressure, but small steps can make a big difference. Take care of yourself.



HYDRATION

Drink plenty of water throughout the day to keep your body and mind working well.



SLEEP

Aim for 7–9 hours of sleep. A rested mind is better able to learn and remember.



TALK TO SOMEONE

Don't keep it all to yourself. Talk to a friend, family member or trusted adult – it helps.



EFFECTIVE REVISION

Plan your time, break it down into chunks and focus on one thing at a time.



PLAN AHEAD

Make a revision timetable and stick to it. Include breaks and time for you!



TAKE RELAX TIME

Do something you enjoy – listen to music, read, go for a walk or spend time outdoors.



EAT WELL

Fuel your body with healthy snacks and meals to keep your energy up.



FOCUS ON WHAT YOU CAN CONTROL

Do your best and try not to worry about things you can't change.



CELEBRATE SMALL WINS

Acknowledge your progress – every bit counts!



BREATHE

Take slow, deep breaths when you feel stressed. It can help calm your mind and body.

You're not alone – we care.



Aspire



Belong



Care

Mr Barber

Year 11



A reminder that payment for prom is now due as soon as possible and can be made via Arbor.

We are really looking forward to celebrating with such an incredible year group after four years of growth, learning, and unforgettable memories. It promises to be a special evening to recognise everything you have achieved together.

Please ensure your payment is completed on Arbor at your earliest convenience to secure your place.



Mrs Finnemore

Sixth Form

Applications are still open for places in Sixth Form commencing study in September 2026 in:

- **Hospitality and Catering**
- **T Level Engineering**
- **Health and Social Care**
- **Sport**

If you need further help or guidance, please speak to

Mrs. Finnemore or

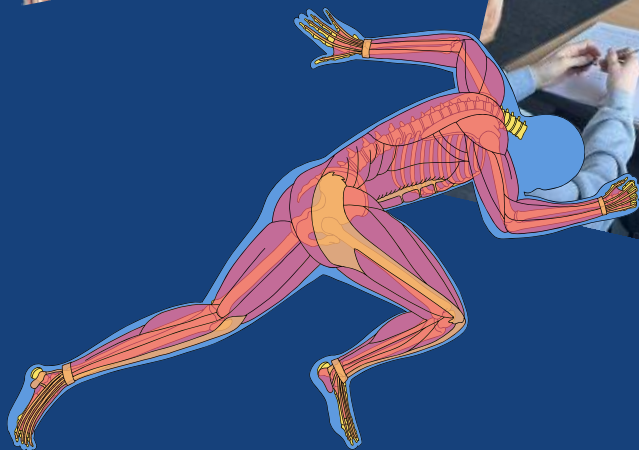
Mrs. Harnett, or visit our website:

www.thekingscofeacademy.org



Mrs Finnemore

Sixth Form



We recently welcomed Jill Salt from University of Staffordshire, who delivered an engaging and informative lecture on anatomy and physiology to our Sport and Health & Social Care students.

The session supported students with key knowledge and understanding linked to their upcoming exams, helping to reinforce classroom learning and build confidence ahead of assessments. Students also had the opportunity to explore university courses and future pathways, gaining valuable insight into opportunities available beyond school and college.

We would like to thank Jill for such an inspiring and informative visit.

The Fifth on Fourth

Our menu for week commencing 11/5 is now available.

Our on-site Bistro is proudly run by Sixth Form students studying Hospitality & Catering, serving great food while building real industry skills.

To book a table or if you have any queries, please call the Bistro on 01782 794064.

The Fifth on Fourth

WEEK COMMENCING
11/5

Our on-site school bistro is run by our Sixth Formers studying Hospitality and Catering.

Great food, real skills, bright futures!



Aspire



Belong



Care

Open for lunch on
Wednesday, Thursday
and Friday this week.



MADE BY OUR SIXTH FORMERS MADE FOR YOU

STARTERS

(£2.95)

Soup of the day (v, gf)

Pan fried garlic king prawns in butter (mk, csn, gf)

(Both starters are served with a warm bread roll)

MAIN COURSES

(£6.50)

Garlic Breaded Chicken kiev (ccg, mk, eg)

Pan fried and finished in the oven

Baked cod with pancetta (gf, fh, mk)

Sitting on a bed of creamy lettuce and peas

Quorn cottage pie (ccg, v, mk)

Topped with creamy mashed potato

All served with new potatoes, peas and carrots

DESSERTS

(£2.95)

Lemon Cheesecake (v, ccg, mk)

Served with cream

Eton mess (v, mk, gf, eg)

Meringue, mixed berries, whipped cream and raspberry coulis